

This Season a Flu Shot is More Important than Ever!

Getting a flu vaccine is more important than ever during 2020-2021 to protect yourself, your family, and your community from flu.

The more people vaccinated; the more people protected. Please do your part and get a flu vaccine this fall.

The Centers for Disease Control and Prevention recommends that everyone 6 months of age and older get a seasonal flu vaccine. People at high risk of serious flu complications include young children, pregnant women, people with certain chronic health conditions like asthma, diabetes or heart and lung disease and people 65 years and older. Many people at higher risk from flu also seem to be at higher risk from COVID-19. Parents should visit with their primary health care provider regarding getting their child the flu vaccine.

We recommend all students and staff get the flu shot with their health care provider.

Healthcare providers offer a smaller individualized setting, which lessens the risk of Covid-19 transmission. We will hold flu shots clinics for those who cannot get the flu shot with their provider. We will follow CDC recommendations for vaccine clinics in the community setting.

If you will attend an SFSD flu shot clinic please be aware of the following:

- **All attendees are expected to wear a mask**
- **All attendees are expected to social distance when entering, during, and when leaving the clinics**
- **Please pay attention to signs and follow the flow of traffic**
- **The wait time could be longer due to the need to space attendees out**

In addition to seasonal flu vaccinations, the District is reminding staff, students, and parents about basic prevention efforts, such as:

- Avoid close contact with people who are sick.
- If you are sick, limit contact with others as much as possible to keep from infecting them.
- Cover coughs and sneezes.
 - Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- [Wash your hands](#) often with soap and water. If soap and water are not available, use an [alcohol-based hand rub](#).
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with viruses that cause flu.

Thank you for partnering with the Sioux Falls Public Schools to keep our classrooms healthy!

<https://www.cdc.gov/flu/index.htm>