

Local Wellness Policy: Triennial Assessment

Local Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:

Sioux Falls Public Schools – K thru 12th

Month and year of current assessment: February 2020

Date of last Local Wellness Policy revision: July 2014

Website address for the wellness policy and/or information on how the public can access a copy:

www.sf.k12.sd.us Meal Information Wellness Policy Assessment

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? Once annually

Designated School Wellness Leader

Name	Job Title	Email Address
Joni Davis	Child Nutrition Supervisor	Joni.Davis@k12.sd.us

School Wellness Committee Members

Name	Job Title	Email Address
To be determined	Parent	
	Student	
	PE Teacher	
	School Nurse	
	School Board	

	School Administrator	
	General Public	

Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language
- Other (please specify): ___ South Dakota Wellness Policy_____

Describe how your wellness policy compares to model wellness policies.

The Wellness policy is very concise and centered on the required components.

Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).

- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Sequential and interdisciplinary nutrition education is provided and promoted through the health education curriculum.	YES			Will continue to provide and promote nutrition education through the health curriculum.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The District promotes and provides meaningful physical activity in addition to physical education that connects to students' lives.	YES			Will continue to promote and provide meaningful physical activity and education.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Child Nutrition programs comply with federal, state and local requirements. Child Nutrition Programs are accessible to all children.	YES			Every building has school- based activities that promote wellness and meet all requirements.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
All foods and beverages made available on campus during the school day are consistent with the USDA Healthy Hunger Free Kids Act of 2010 and specifically the Smart Snacks Standards implemented July 2014.	YES			All sites implement and follow the Smart Snack guidelines for meal and snacks.

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
If rewards and incentives are given, healthy choices are required for rewards and incentives. When snacks are provided in classrooms healthy snacks are expected for all grade levels. All fund raisers held within the District must meet the State of South Dakota Fund Raiser policy.	YES			All sites are providing healthy choices for rewards, incentives and snacks.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
All Foods and beverages made available on campus during the school day are consistent with USDA Healthy Hunger Free Kids Act of 2010 and specifically the Smart Snacks Standards implemented in July 2014.	YES			Only foods and beverages meeting the Smart Snack guidelines are sold. There is no marketing or advertising of items not meeting these regulations.

Include any additional notes, if necessary:

The Sioux Falls District Student Wellness Policy is posted on the School District webpage. The triennial progress report will be posted on the District website as of February 15, 2020.

Joni Davis, Child Nutrition Supervisor shall ensure compliance with the established district wide wellness policy.

A District Wellness committee will meet annually to review the wellness policy.

-A letter will be posted in a central area of the school building inviting members of the community to join the wellness committee. Parents, students, representatives of school food authority, PE teachers, school health professionals, the school board, school administrators, and the general public are invited to join the school wellness committee.

-The wellness committee members assist in the development, implementation, review and update of the wellness policy.

-The Wellness committee shall conduct a quantitative assessment of policy implementation every three years using the South Dakota Wellness Model policy.

The next triennial progress report will be posted on the District web site in April 2023.